

High Desert Dispatch: April 2019

Bulletin of the Unitarian Universalist Fellowship of Silver City

Join us at 3845 N. Swan Street, 10:00 a.m. Sundays

The Unitarian Universalist Fellowship of Silver City is a diverse group of religious independents seeking knowledge, spiritual sustenance, fellowship and opportunities for service to others. Our programs encompass humanism, liberal Christianity, earth-based spirituality, Buddhism and many other traditions. The members themselves plan and present the Sunday programs. **Please join us.**

Sunday Programs

April 7th “Glyphosate: Effects on Health and the Web of Life”

Kirsten Hardenbrook Laney Kirsten has a lifelong interest in natural systems & human interaction, physically, psychologically, & spiritually, in the Web of Life. She spent 20 years as a Wilderness & Cultural Guide, leading others into the wilderness within & around them in the Gila Wilderness, Mexico, & Peru. She is a Certified Continuum Movement Wellsprings Practitioner & a parent. Since her family was diagnosed with heavy metal toxicity in 2012 she has been investigating the effects of environmental toxins on human & animal health. Her talk includes the history, use, & effects of glyphosate; where it is in the food chain; rights, responsibilities, & choices; and empowerment & support materials. **Moderator Lynda Aiman-Smith Childcare Available**

April 14th “The Power of a Daily Spiritual Practice” Jeff Goin Many of us have a spiritual practice, and then we have the other “regular, busy” part of our lives, and often the two don’t intersect. Jeff will impart some ideas for integrating our spiritual life into our daily life and vice versa. Specific, easy-to-implement suggestions will be offered for staying connected with our higher spirit, while getting stuff done in a world where . . . stuff needs to get done. **Moderator Marty Eberhardt Children’s Program today (cont’d on page 2)**

April 21st “Attending to Our Relationship with Spirit” Karen Benediktson Karen will moderate and facilitate conversation about re-framing our relationship with vocabulary around topics of the spirit. Karen is a student of many paths, an iconoclast, and in her fourth decade of being a UU. **Childcare Available**

April 28th “Beginning Years” Speaker Diana Perea Formerly the First Born Program, rebranded as the Beginning Years Program in July 2017. (FBP) has its roots in Michigan & was established in 1997 in Grant County, NM, as a pilot program thru a comprehensive community-based collaborative process. Participating families receive weekly home visits by comprehensively trained home visitors who tailor services to each family’s needs. All services encourage participation by both parents of the baby & any other significant caregivers. **(cont’d on page 2)**

Board Members

Barbara Gabioud, Board Chair
Zoey Cronin, VC
DeAnna Mooney, Treas.
Jane Riger, Sec.
Paul Michaud
Susan Golightly
Lillian Connelly

Membership

Heidi Ogas, Nancy Cliff
Caring
~Open~

Facilities

Paul Michaud
Hospitality
Sandra Michaud

Newsletter

John Mooney
Programming
Karen Benediktson

Social Justice Committee

Wendy Graves & Andy Payne
Office Coordinator
Sandra Michaud
Adult RE
Karen Benediktson

Family Programs

Chellee Chase

Website

www.uufsc.com

email:

uufellowshipofsilvercity@gmail.com

P.O. Box 4034
Silver City,

Calendar of Building Events

(Please note the schedule in the building and on the website.) Contact the office coordinator (575-538-0101) for scheduling.

PFLAG – 1ST Tuesday of the month 7:00 pm

Silver City Camera Club – 1ST Wednesday of the month 7:00 pm

News from the Board:

The Board met in March to continue discussion for future plans as close in as this spring & as far out as 5 to 10 years.

Board chair Barb G's carefully written pledge letter will be sent out by the time you read this. We hope you will respond as generously as you can & by April 7 so the budget can be prepared to be voted on at the Semi-Annual Meeting May 19. A link to our UU Survey will be included in pledge letter. Zoey C also needs these by April 7. Next Board meeting will be April 14th after the program. All are welcome to attend. Jane Riger, Board Secretary

The UUFSC music group - Silver City Slickers - encourages all fellow musicians and singers to join us in our music-making adventures. Those interested should contact Joe Neri at joe12bar@gmail.com

(April 14th CONTINUED FROM PAGE 1)

Jeff Goin is the founder of the Lotus Center, a non-profit community center for meditation, yoga, and other forms of mindful movement. He has been teaching and leading other non-denominational meditation in Silver City, on a volunteer basis, since 2008. His classes provide practical ideas and methods for improving relationships, overcoming anger, dealing with stress and in general establishing and maintaining a peaceful state of mind. He is also a cofounder of Single Socks, a non-profit thrift store that has since its inception in 2009 has donated over \$378,000 to anti hunger programs in Grant County. He is a practicing Mahayana Buddhist since 1999 and is full time servant to a house cat named Marty.

(April 28th CONTINUED FROM PAGE 1)

Families enrolled for our services are eligible to receive a prenatal visit and a post-partum visit by a nurse home visitor. The participating caregiver(s) or anyone living under their roof can utilize the HS Equivalency tutoring. All pregnant & parenting families in Grant Co. from 0 - 3 yrs are eligible. **Moderator Nancy Stephens Children's Program Today**

Adult Religious Exploration

Building Compassionate Community: the Hospice Chapter, a second helping

Thurs, **APRIL 18** 4 to 6pm at UU Fellowship, 3845 N Swan St, Silver City

Our primary purpose is to keep building resilience for ourselves & within our community to hold space for one another when facing end of life times. Every level of experience/interest is welcome & has something worthy to contribute. This gathering will focus, in large part, on the role hospice can play in times of farewell. It is equally important that we just bear witness to one another as people who have some comfort level in open conversation. We are the beacon of welcome for those who need support & guidance. You will be asked to share a little of your own experience and/or questions within your own comfort zone. You will hear other's stories, and specifically, learn about one of the local hospice options from director of Horizon Hospice, Wanda Hall. Contact Karen Benediktson @ 575-5960-8398 or zart@jbb3.com

The **UU Children's Program** for the month of April will cover "The Gift of Spirit" on the 14th, where we will learn ways of sharing our Spirit with the wider community, as well as accepting and affirming the beliefs and values of others. On Easter, April 21st, we'll have an Easter Egg Hunt and spend time outside enjoying Spring. On Sunday the 28th, "The Gift of Ourselves" will introduce the concept of being yourself, developing genuine self-esteem, and discovering how to give the gift of ourselves by being aware and present with others.