

# **High Desert Dispatch: August 2016**

**Bulletin of the Unitarian Universalist Fellowship of Silver City**  
**Join us at 3845 N. Swan Street, 10:00 a.m. Sundays**

The Unitarian Universalist Fellowship of Silver City is a diverse group of religious independents seeking knowledge, spiritual sustenance, fellowship and opportunities for service to others. Our programs encompass humanism, liberal Christianity, earth-based spirituality, Buddhism and many other traditions. The members themselves plan and present the Sunday programs. **Please join us.**

## **Sunday Programs**

(All Sunday Programs begin at 10:00 unless stated otherwise)

**Aug 7<sup>th</sup> "Labyrinth Building" Lynda Aiman-Smith and Connie Thibeau-Catsis** For thousands of years people have traced and walked labyrinths as a meditative practice. We have examples of labyrinths from all cultures in the world. In the Middle Ages, walking a cathedral labyrinth was a devotional practice of a symbolic pilgrimage. Please join us on August 7, 2016 starting at 10am as we engage together in creating an outdoor seven-circuit Cretan rock labyrinth at the UU Fellowship. Bring any rocks you have - baseball to cantaloupe size are best. Bring your sunscreen and hat, gloves, and water. We will learn more about the history and uses of labyrinths as we join together in building one.

**Aug 14<sup>th</sup> "Much Ado About Yoga" Marilynn Freeman** Yoga is seemingly offered everywhere -- so what's all the hype about? Marilynn Freeman began her journey into yoga 35 years ago, and has explored, practiced and/or taught several different styles of yoga. In her presentation, she'll share what she's learned in her journey, and how it has impacted her life. She'll offer a brief primer on what yoga encompasses, insights regarding what's being taught, and benefits you can receive from its practice.

**Aug 21<sup>st</sup> "Gender Trouble" Susan Golightly** will speak about LGBT issues. Susan has an MA in Counseling & Sociology (Gender Studies).

**August 28<sup>th</sup> Open Sunday.** This will be a loosely structured gathering that allows individual UU members to provide insight and inspiration on topics of their choice. The format can include brief talks, essays, poems, and even music. Please note: UU audio-visual equipment will not be available, except for the podium microphone. UU will provide a facilitator and the customary opening and closing ceremonies. But everything in between is up to each individual. Our first Open Sunday was held on June 5 and it turned out quite successfully. If you wish to be part of the August 28 program you must sign up that morning at the podium. First come, first serve. Try to keep your presentation to five minutes or less

## **Board Members**

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Barbara Gabioud, Treas.  
Jane Riger, Sec.  
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with "subscribe" in the subject  
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hyphen in the address.

### **Website**

[www.uufsc.com](http://www.uufsc.com)

email:

Coordinator@uufsc.com

**P.O. Box 4034**

## **Calendar of Building Events**

(Please note the schedule in the building and on the website.) Contact the office (575-538-0101) for scheduling. (Coordinator – Harriet Rogers)  
**Silver City Camera Club** – 1<sup>st</sup> Wednesday of the month 7:00 pm

**News from the Board:**

Due to Board meeting to be held on July 31<sup>st</sup>, Board news will be added to the Newsletter and reposted on the Listserve and website. It also will be posted in the Community Room.

**Remember** to bring non-perishable foods (esp. canned beans and tomato products) for the Food Pantry distribution. Please place in the baskets by the front door.

**EVERY Sat at 8-10 AM** on KURU - 89.1 FM - Roots and Branches radio show with Ken and Jeanie. Or on the web at [GMCR.org](http://GMCR.org)