

High Desert Dispatch: Aug 2020

Bulletin of the Unitarian Universalist Fellowship of Silver City

3845 N. Swan Street, Silver City, NM

The Unitarian Universalist Fellowship of Silver City is a diverse group of religious independents seeking knowledge, spiritual sustenance, fellowship and opportunities for service to others. Our programs encompass humanism, liberal Christianity, earth-based spirituality, Buddhism and many other traditions. The members themselves plan and present the Sunday programs. **Please join us.**

We will continue to have Zoom programs available on at least 2 Sundays each month due to Covid and the building remaining closed to groups. Chellee Chase will usually be the moderator. Thank you! Azima will do her own service.

Aug 2nd The Four Agreements A Practical Guide to Living
"You will become way less concerned with what other people think of you when you realize how seldom they do." David Foster Wallace

Please join us for a presentation & discussion by **Joe Neri** on *The Four Agreements*, as developed by the Toltec spiritual warrior, Don Miguel Ruiz. Ruiz describes *The Four Agreements* as a practical guide to personal freedom, freedom from self-limiting beliefs that can cause needless suffering in a person's life. Although his book was originally published in 1997, its understanding and application have never been more important than in these turbulent times.

Aug 9th "Past, Present, and Future, Here and There: Unconventional Ways of Looking at Time and Space"

Come join **Rev. Azima Lila Forest** in a short but deep dive into multi-dimensional consciousness.

Aug 23rd Internal Growth in the Time of COVID

No one, of course, is happy about the suffering & deaths that have resulted from the Coronavirus pandemic. At the same time, for those committed to personal growth, this is a most unique & important time. Some of us have spent many years learning, contemplating, and practicing different paths of self-improvement; this pandemic is supremely fertile ground upon which we can deepen and even perfect our experience of these paths. For those of us who have been waiting for the "right time" to fully & earnestly commit ourselves to our chosen spiritual path, it may be that the right time is here, now.

Join Lotus Center's **Jeff Goin**, who will share ways in which we can transform our own individual COVID-driven uncertainty, anger, and angst into fuel for our own personal awakening.

Board Members

Carol Morrison, Board Chair
Zoey Cronin, VC
DeAnna Mooney, Treas.
Susan Price, Sec.
Paul Michaud
Susan Golightly
Kris Neri

Membership

Heidi Ogas, Nancy Cliff
Caring
Barbara Gabioud

Facilities

Paul Michaud
Hospitality
Sandra Michaud

Newsletter

John Mooney

Programming

Ron Gabioud

Social Justice Committee

Joe Neri

Office Coordinator

Sandra Michaud

Adult RE

Open

Family Programs

Chellee Chase

Website

www.uufsc.com

email address is

uufellowshipofsilvercity@gmail.com

Our mailing address is
P.O. Box 4034
Silver City, NM 88062

Calendar of Building Events

(Please note the schedule in the building and on the website.) Contact the office coordinator uufellowshipofsilvercity@gmail.com for scheduling.

Notes from the Chair

YOUR COOPERATION IS NECESSARY! Our list serve is overworked! During this unique time, it is understandable that some folks are wanting to reach out and share. However, the list serve is not a chat room. Whenever possible, we ask that you address a specific UU or board member rather than post on our group site. You may always contact me at carolmorr@gmail.com.

PLEASE (1) limit the list serve to UU business and related announcements and links.

(2) If you feel the need to respond to a posting, **do so as a REPLY, not as a UU list serve reply**. This will move the discussion off the list serve.

THANK YOU!! We have been working together from March to "learn" how to do this pandemic. I thank each of you for your continued support of our Fellowship and the example we offer to our community. Stay well!

UU Family Programs message from Chellee:

Hello to my fabulous young friends: Ivy, Liam, Samantha, Junie, Angela, Kit, Marius, and Amara. I hope you're staying happy and making each other laugh!

I found a super easy ice cream recipe... check this out: You need 1 gallon ziplock bag, 1 quart ziplock bag, 1 cup milk, 1 tablespoon sugar, 1/2 teaspoon vanilla, 1/3 cup salt (don't mix that in!), and ice. In the quart bag, dump the milk, sugar, and vanilla and seal it tightly! Fill the gallon bag 3/4 with ice and dump the salt in with the ice. Now put the small bag inside the big bag, seal it tightly too, and shake it around like crazy for about 5 minutes. I would put on a silly song and dance while shaking, or make a game out of it and take turns. Make sure to rinse the small bag off so you don't get any salt in your ice cream. Now add fruit or chocolate syrup or sprinkles or green beans. Haha, just kidding about the chocolate syrup! Have fun! Your friend, Chellee

Membership

Thanks to everyone for the excellent response to my request for renewing memberships.

I can safely report that based on the feedback received, the Fellowship is alive, well and thriving.

My next -- and almost last -- official act will be to make sure that the information we have for all of you in our Directory is accurate. This will have a yet-to-be-determined August deadline.

Please stay tuned-- Nancy Cliff, Membership

REMINDER: Pledge payments may be mailed to: UUFSC, PO Box 4034, Silver City, NM 88062

NUUs from the Board from July

The yearly update of our UUFSC membership role is being conducted by Nancy Cliff, Chair of membership. All members who intend to continue their membership, or anyone going off membership, should reply to Nancy's recent email. If you intend to become a new or returning member, you may also reply. For those members who do not have email, letters are being sent by snail mail. Thanks if you have already replied to Nancy.

The Board discussed the recent increase, since the pandemic, of many people using the UUFSC business communication which is silvercityuu@googlegroups.com. We feel the importance of people keeping in touch and connected during this difficult time, but we have also learned that some people do not want

to read the many emails coming to it, as if it were a forum. We hope to find a solution in creating a new email link for people to use as a social forum, while retaining silvercityuugooglegroups only for our business and events communications. If there is someone who is interested in helping to create a new link for this purpose, please notify one of our Board members. In the meantime, if you post something to silvercityuu@googlegroup.com which supports one of our principles or would be part of our weekly Sunday announcements, please mention in your email that replies should be sent to you, and not to reply all. Discussion can be pursued in that way. Many thanks.

Possible UU go-to resources to use during the pandemic closure.

- For Unitarian Universalist Church of Las Cruces -- Sunday service (10am)

<http://www.uuchurchlc.org/> (uses Zoom format)

- For First Unitarian of Albuquerque -- Sunday service at 11:00 am

<http://uuabq.com/> (uses Zoom format). First Unitarian also offers a Vespers program on Wednesday at 7pm via Zoom on the same website.

- From Deena Gentle - Tucson: Every Sunday, the Baja 4 ministers post a Sunday Service video. The video is available for viewing on our YouTube page

<https://www.youtube.com/user/MVUUCongregation> We recommend viewing it at 10 am and then joining our community for an online Fellowship Hour at 11 am!

- For Lotus Center schedule of meditation & yoga programs –

go to <https://lotuscentersc.org/events/> They are now live streaming and you can sign up for classes. Jeff Goin is facilitating a meditation program (Zoom) at 10 am on Sundays.

- The UU Church of the Larger Fellowship site has articles as well as zoom meetings and other resources on their website: **www.questformeaning.org**